

# Phoenix Recreation Association

## Board Meeting Minutes

### October 19, 2020

Attending: Lisa Krishka, Jason Miller, Jody Cole, Jack Bell, Marian Templeton, Yolande Franzmann

Not Attending: Jana More, Candice Johnson, Susanne Moore, Gerry Munday, Blaine Clapham, Rob Bell

Unconfirmed Attendance:

#### 1. Call to Order 7:06 pm by Lisa Krishka

2. Motion to approve board meeting minutes from Sept 21, 2020 by Yolande Franzmann, seconded by Dale Deleurme. All in favour. Motion passed.

#### 3. Reports: Attached

a) President – Job posting for a volunteer Communications Person received 3 responses. Due to Covid, Lisa could only do telephone interviews and determined that Anita Todd was the most experienced applicant in the communications field. The other two applicants were Courtney Deleurme and Dan McInnis. Courtney has children in the community and may be a good fit for Fit Kids/Health Kids program or Youth Convener. Dan has website and grant application experience that could also be useful.

Elsebeth Hansen-Kreining also contacted Lisa to offering her services for graphic design only (not interested in the communications role)

Lisa asked Elsebeth to create a Headingley Logo that could be used in developing a Headingley clothing line fundraiser.

Yolande shared that the RM is proceeding with double sided promotional flags on the Taylor bridge.

b) Vice-President – Jason most of your report has been moved to New Business for discussion.

c) Treasurer

d) Secretary

e) Hockey

f) Softball

g) Baseball

h) Pre-School Programs

i) Youth Convener

j) Special Events -158 registered for the Halloween Scavenger Hunt so far. The last day to register for the Scavenger Hunt is October 25. Ice man is ordering the lines for Ringette.

Hoping to come up with a COVID friendly activity for Christmas .

k) Communications

l) RM Council Rep – RM is going to put Christmas light up on the Community Club and Hockey Hutch.

m) MHRD Director

#### 4. Old Business:

\* Constitution Revision – Executive and Susanne to review

## 5. New Business:

**Lisa-** PRA Board Members transitioning out of roles: ideally we assist anyone not planning to stay on get a prospect in months leading up to it. It is each board members responsibility to ensure proper hand off with training and mentoring. If you plan on leaving, please come see me or Jason well ahead of time so we can work with you on a succession plan for your vacating role. This is so important for the health of our board and fluidity in our programming.

### **Jason-Alternative Introductory Hockey Programming**

**Ringette** – Kim McKenzie may be interested in heading up our Ringette program. Jason will contact her.

**Could we provide a hockey program that is less commitment, time-wise and financially, based out of the ODR?** Jackrabbits is an option for people – if they want to go to RA Steen CC. Sturgeon Heights and Roblin Park are not offering the program in 2020 to date. There is also a program called “pond hockey” out of Alberta that is gaining some traction. Currently, I am exploring a 10 week program, 20 sessions, to start in late January. All ideas are on the table at this point. This is completely reliant on the ODR being accessible and programming being possible.

### **INDOOR Community Centre Programming**

**What program CAN operate inside the Auditorium? Or, how can we gain access to the school gym (COVID-19 aside)?**

- Fit Kids/Healthy Kids - <https://fitkidshealthykids.ca/>

First off, and the most important, is that almost everything we offer at FKHK is free – all thanks to Doctors Manitoba. That is, all the programs and training we offer won't cost you anything.

We offer a few types of programs

- 4 week program
  - We join your program on a weekly basis. We teach your adult leaders on facilitating and playing physical literacy games with the children
- One time fun time
  - We join your group just for 1 session. Great for any programs that may have in service days and can't commit to a weekly program – or for those that just want to see what our program is all about
- Motion zone
  - More for large events. Obviously on stand still, of course!
- Training

- We offer in person and online training for adult leaders, or volunteers in your case, to learn about physical literacy, why it's important, and how to incorporate it.
- In person training is fantastic as we are able to play games with the leaders to teach them simple games to play with the children.

If you're interested, I'd suggest your group start off with training. Josh Murray, my games coordinator and I would visit your site and meet with your volunteers/staff and teach them about what we do at FKHK and how they could easily incorporate physical literacy into your program. This would be about 3 hours. This would include in class learning and playing games.

However, we also offer online training over zoom which is more just in class learning and no games.

After training, we could set up a program to be at your facility in which one of my staff would join your group either 1 time or on a weekly basis to really integrate the learning to hands on experience.

We are very open in January/February (or before!!). I know with the 10 person maximum it's hard to set something up, but we are open to working with small groups for training and having them split up if needed to accommodate the covid restrictions.

- High Five - <https://www.highfive.org/> (geared for kids 9 and under)

Reply from High5 staff: HIGH FIVE offers a variety of things that would help you set yourselves up for success. There are two things I would recommend.

The first would be to have someone trained in PHCD QUEST 1. This is an online course that covers policy and procedure evaluation and development. Ideally it would be a manager or supervisor that would be overseeing your children's programming to ensure that you have all the policies and procedures in place to support healthy child development. This course is \$150 plus tax and you can register here:

<https://www.prontario.org/mpower/event/loadevent.action?e=110#home>

The second would be to have staff and volunteers certified in Principles of Healthy Child Development. We currently have an online version available and this would greatly improve their ability to program plan in a way that provides a positive experience for all the children you will serve. They will also receive access to a second course, Healthy Minds for Healthy Children upon their completion of PHCD. The cost is \$30 plus tax per person and you can register here: <https://www.prontario.org/mpower/event/loadevent.action?e=111#home>

- Sport Ball - <https://www.sportball.ca/winnipeg/>

Waiting for reply. This program is costly and requires equipment, so the school gym would be needed and fees would need to be charged. On hold for now.

- Baseball 5 - <https://baseball5.wbsc.org/>

We would need the school gym for this. On hold for now.

Bridge Church has a gym in the basement and were very generous to the school for the Xmas concert last year. Jason will approach them about future use.

Jason will do the PHCD QUEST training and start recruiting volunteers for further training. Of course, all programing will have to be Covid friendly.

**6. Next Meeting:** November 16, 2020

**7. Adjournment:** 8:13 pm by Lisa Krishka